

ARTICLE 15. MENTAL HEALTH TRAINING AND AWARENESS

Section 1. Mental Health First Aid Training

RAICES shall make Mental Health First Aid annual training available to all employees by Texas Health and Human Services or a provider offering similar services.

Section 2. Quarterly Mental Health and Wellness Training

RAICES shall dedicate at least one hour per quarter to training regarding mental health and wellness for all RAICES employees. After the quarterly training is completed, RAICES shall notify all employees by email of the designated member of staff who can answer questions about access to mental healthcare and benefits.

Section 3. Mental Health Services and Support in Offices

RAICES shall offer workshops or processing groups, in partnership with Girasol, benefit providers, or other industry experts, and will make reasonable efforts to provide dedicated meditation/calming space in each office.